

# YOUNG-ONSET PARKINSON'S SUPPORT GROUP

of SE Michigan



## INFORMATION FROM PERSONAL EXPERIENCE

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### TITLE: REACTION TO MEDICATION CHANGE

**Category** Medications

**Summary** Complications and side effects accompany change in medications

**Date Stamp** 03-Mar-05

**Source Event** YOPD Support Grp Meeting (09-May-05)

**Content** This experience came about in the context of a medication change. The change was to increase the dosage of REQUIP (.75mg/day to 9mg/day over several weeks) and to eliminate PARLODEL "cold turkey"(60mg/day to 0 immediately).

Almost immediately, I had a set of symptoms -- cold sweats and shakes, agitation, depression -- which, as it turns out, were "withdrawal" symptoms due to the "cold -turkey" withdrawal from the PARLODEL. Re-establishing a low dose (3X5mg/day) of PARLODEL eliminated the symptoms.

The Lesson I learned is to change medication regimens with greater care and over a longer time period.

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