Support Group Listing by County in Alpha Order
(Virtual Support Groups listed on page 4)

Alpena County
First United Methodist Church
167 Ripley Blvd. Alpena, MI 49707
3rd Monday, 1 pm
Judy Poli (989) 370-6854
Judypoli@gmail.com
Tpennington@barrycounty.org
Tammy Pennington (269) 948 2606
3rd Wednesday, 5 pm
Barry County
Hastings
Barry County Commission on Aging
320 W. Woodlawn, Hastings MI 49058
2nd Wednesday, 5 pm
Tammy Pennington (269) 948-4856
tpennington@barrycounty.org
(No meeting in July)
Bay County
Area Agency on Aging Region 7
1615 S. Euclid, Bay City, MI 48706
3rd Tuesday, 1 pm
Martha Orloff (231) 818-1900
miorloff@gmail.com
Cheboygan County
Cheboygan
Cheboygan Public Library
100 S Bailey St. Cheboygan, MI 49721
3rd Tuesday, 1 pm
Susie (231) 625-8368
Martha Orloff (231) 818-1900
miorloff@gmail.com
Cheboygan
Whole Lotta Shakin Goin On-Sault Ste Marie
Alberta House
217 Ferris, Sault St. Marie, MI 49783
3rd Wednesday, 1 pm
Rene Shimmon (313) 357-3407
(No meeting in Nov.)
Chippewa County
Kingfords Parkinson’s Society
First Presbyterian Church
395 Hamilton Ave. Kingsfords MI 49802
4th Thursday, 1 pm
Pauline Hill (906) 774-0332
Tiita61@yahoo.com
Emmet County
Petoskey
Friendship Center
1322 Anderson, Petoskey, MI 49770
4th Wednesday 2 pm
Suzanne Holguin, RN
(231) 347-3211 x 34
Gogebic County
Munson Community Hlth Ctr,Rm G
N10561 Grand View Ln, Ironwood, MI 49938
2nd Wednesday, 10 am
Alicia Cook (906) 932-7627
Grand Traverse County
Evening
Munson Community Hlth Ctr,Rm G
550 Munson, Traverse City, MI 49686
1st Tuesday, 6:00 pm
Hettie Molvang (231) 947-7389
Hettie Molvang (231) 947-7389
Parkinson Network North
 Traverse City Senior Center
801 E. Front St, Traverse City, MI 49686
4th Wednesday, 10:00 am
Hettie Molvang (231) 947-7389
Tai Chi for People with PD and their care partners
 Traverse City Senior Center
801 E. Front St, Traverse City, MI 49686
2nd & 3rd Wednesday, 3:15 pm
Hettie Molvang (231) 947-7389
Genesee County
Flint Daytime
Central Church of the Nazarene
1261 W. Bristol Rd, Flint, MI 48507
(Use Southeast Maintenance Door)
2nd Thursday, 2 pm
David Mack (810) 610-5055
davidmack@usa.com
Judy Mack (810) 610-9373
judy575vanderpool@yahoo.com
Flint Evening
McLaren Neurologic Rehab Institute
G-3239 Beecher Rd, Flint, MI 48532
2nd Thursday, 6 pm
Kristin Daniels (810) 342-5352
Gladwin County
Gladwin
MyMichigan Medical Office Building
609 Quarter St, Gladwin MI 48624
1st Wednesday, 3 pm
Mary Griffore (989) 246-6388
mary.griffore@mymichigan.org
Hastings
Barry County Commission on Aging
320 W. Woodlawn, Hastings MI 49058
2nd Wednesday, 5 pm
Tammy Pennington (269) 948-4856
tpennington@barrycounty.org
(No meeting in July)
Support Group Listing by County in Alpha Order
(Virtual Support Groups listed on page 4)

**Gratiot County**
Alma
MicMichigan Med Center Gratiot
300 E Warwick Dr. Alma MI 48801
2nd Thursday, 5:00 pm
Michelle Miller (989)466-3378

**Hillsdale County**
Hillsdale
Hillsdale County Senior Center
Lower level
320 W. Bacon, Hillsdale, MI 49242
2nd Thursday at 3:00 pm
Maggie Monroe (517) 437-2422
mmonroe@hillsdaleseniors.org

**Isabella County**
Mt. Pleasant
Isabella County Commission on Aging
2200 S. Lincoln Room B Mt. Pleasant, MI 48858
4th Wednesday, 5 pm
Dr. Jamie Haines (989) 415-0418
Haine1jj@cmich.edu

**Jackson County**
Jackson
Disability Connection
409 Linden Ave, Jackson MI 49203
2nd Monday, 6:15 pm
Carole Briggs (517) 783-6527
(No meetings July, Aug., Dec)

**Kalamazoo County**
Kalamazoo
Friendship Village of Kalamazoo
1400 Drake Rd, Kalamazoo, MI 49009
2nd Tuesday, 4:00 pm
Karen Freshwater, PA or Libby Austin (269) 341-7500
Facebook-Kalamazoo Area Parkinson Support Group
Care Partners
1st Friday after Regular SG meeting, 1:30 pm
Norma Betten
ronorma1301@gmail.com
Nancy Schullery
nmsch1020@gmail.com
(Virtual Meetings – Email for Info)

**Kent County**
Grand Rapids
Hauenstein DBS Hauenstein
Neurosciences H1 Community Room
220 Cherry St. SE Grand Rapids, MI 49503
2nd Tuesday, 2:00 pm
Neuro Patient Support (616) 685-4444
(Virtual Meetings – Call for Info)

Caregivers
Hauenstein Neurocognitive Behaviors
Hauenstein Neurosciences
245 Cherry St. 1st Floor Cherry Conference Room
Grand Rapids, MI 49503
4th Tuesday, 10:30 am
Neuro Patient Support (616) 685-4444
(Virtual Meetings – Call for Info)

**Ionia County**
Ionia
Ionia Comm. on Aging
115 Hudson, Ionia MI 48846
3rd Thursday, 1:30 pm
Retta McCaul (231) 349-2608

**Iosco County**
ON HOLD
Tawas Area Presbyterian Church, 2095 US-23, East Tawas, MI 48730
3rd Thursday, 10 am
Rachel Haviland (989) 984-5292
(Meets April thru October)

**Lenawee County**
Adrian
Adrian District Library
143 E. Maumee, Adrian MI 49221
Meeting on Lower Level
1st Tuesday, 1 pm
Dianna Oates (517) 673-3868
(Park in back to access elevators)

Michigan Parkinson Foundation - 30400 Telegraph Road - Suite #150 - Bingham Farms MI 48025
Phone: (248) 433-1011 or (800) 852-9781 Fax: (248) 433-1150 www.parkinsonsmit.org
Updated 11/10/2022
Support Group Listing by County in Alpha Order
(Virtual Support Groups listed on page 4)

Livingston County

Brighton Adaptive Exercise
242 Church
7526 Grand River Rd - Rm 1
Brighton, MI 48114-9338
Every Friday, 4 pm
Stuart Blatt (810) 923-8970
sblatt63@gmail.com

Brighton CarePartners
242 Church
7526 Grand River Rd - Rm 2
Brighton, MI 48114-9338
Last Thursday, 5 pm
Stuart Blatt (810) 923-8970
sblatt63@gmail.com

Newberry
Helen Newberry Joy Hospital
502 W. Harrie St - Huron Room
Newberry, MI 49868
Last Monday, 1 pm
Pat Norman (703) 608-7103

Macomb County

Macomb
Beaumont Macomb Center
15979 Hall Rd. Macomb, MI 48044
2nd Friday, 3 pm
Doug Kass (586) 306-5306
dwkass@comcast.net
Brian J. Miles (586) 457-2539
bmiles@dmmplc.com

ON HOLD
St. John Macomb Hospital
Medical Education Center
11800 E. 12 Mile Rd Warren MI 48093
1st Thursday, 2:30 pm
Exercise Classes: - Thurs 4:00 pm
Mrn Dear, OTR (586) 573-5123
(Stacey Turner, RPT)
(No meetings Jan or July)

Manistee County

Manistee
West Shore Hospital
Education Center, Room 1,
1465 E. Parkdale, Manistee MI 49660
3rd Thursday, 11 am
Marcia Holbrook (614) 937-4442

Marquette County

Negaunee
Negaunee Senior Center
410 Jackson St. Negaunee, MI 49866
4th Monday, 1 pm
Kristy Malmsen (906) 475-6266
Morgan Peterson (906) 475-6266
socialworker@cityofnegaunee.com

Mason County

Scottville
Scottville Senior Center
140 S. Main, Scottville MI 49454
3rd Wednesday, 1 pm
Shirley Chancellor (231) 462-3533
(No meetings Jan. & Feb.)

Midland

Midland County Senior Services
Senior Services Main Building
4700 Dublin Ave. Midland, MI 48642
2nd Monday, 3 pm
Kellie Froelicher (989) 898-8239
Kellief@mempres.org

Monroe

Monroe
4925 E. Dunbar Rd. Monroe, MI 48161
3rd Wednesday, 6:30 pm
Jennifer Traver (734) 417-0638

Muskegon County

Caregivers
Senior Resources of West Michigan
Tanglewood Park
560 Seminole Rd. Norton Shores, MI 49444
2nd Tuesday, 12 pm
Pat Green (231) 740-1967
Beth Donovan (231) 744-4730

Parkinson’s Power
Norton Shores Public Library
705 Seminole Norton Shores, MI 49441
1st Wednesday, 10:30 am
Barb McFadden 231-755-8067
mcfaddenbarb@hotmail.com
Pat Green 231-740-1967
greenpatti@comcast.net
(No meetings Jan.)

Newaygo County

Fremont
Tamarac Center For Well Being
1401 W. Main St. Fremont, MI 49412
3rd Thursday, 3:30 pm
Shelly Klockach, RN (231)924-3073
(Virtual & In Person – Call for Info)

Oakland County

Birmingham
NEXT Senior Citizen Center
2121 Midvale Rd.
Birmingham, MI 48009
2nd Monday, 5:30 pm
Stephanie Woznak (248) 419-7170
StephaniewW@parkinsonsMI.org
(No meetings July & August)

Novi/Fox Run
Fox Run – Belmont Club House
41100 W. 13 Mile Rd., Novi MI 48377
2nd Tuesday, 3 pm
Rhonda Kotzen or Kristin Fiscus
(248) 668-8655

Rochester
OPC (Old Person Commission)
650 Letica, Rochester, MI 48307
1st Wednesday, 3 pm
Brad & Linda Potter 586-612-2744
Carol Schram 586-453-2162

Rochester Care Partner
OPC (Old Person Commission)
650 Letica, Rochester, MI 48307
Meets Last Wednesday 1 pm.
Kathy Walton (248) 969-1133
(No meetings July, Dec.)

West Bloomfield/Farmington Hills
Anthology of Farmington Hills
30637 West 14 Mile Rd.
Farmington Hills, MI 48334
1st Wednesday, 2 pm
Shelley Spaulding (248) 982-1504
Facebook-Farmington Hills Area
Parkinson’s Support Group

Ogemaw County

West Branch
MyMichigan Health
Executive Dining Room
2463 S. M-30, West Branch, MI 48661
2nd Tuesday, 2:00 pm
Mary Griffore RN 989 246-6388
Mary.Griffore@MyMichigan.org
## Otsego County

**Gaylord**
- 1165 Elkview Ave. Gaylord, MI 49735
- Upper Level
- 4th Thursday, 2 pm
- John Panci, Pam Carlson, Dona Wishart (989) 732-1122

## Saginaw County

**Frankenmuth**
- Winter Village - Harmony Hall
- 500 Mayer Rd. Frankenmuth, MI 48734
- 3rd Wednesday, 1 pm
- Marilyn Bernthal (989) 652-2515
- bernthalm@aol.com
- Kathy Freeland (989) 843-5247
- ksfdaf@sbcglobal.net
- (No meetings in July, Aug.)

## Shiawassee County

**Owosso**
- Shiawassee Council on Aging
- 300 N. Washington St
- Owosso, MI 48867
- 2nd Wednesday, 5 pm
- Karen Prussner (989) 723-6901

## St. Clair County

**ON HOLD**
- St. Clair Council on Aging
- 600 Grand River Ave.
- Port Huron, MI 48060
- 1st Wednesday, 1 pm
- Please Contact St. Clair Council on Aging at (810) 984-5061

## Washtenaw County

**Ann Arbor Parkinson Support Group**
- Trinity Health – Women’s Health Center
- 5320 Elliott Dr., Suite 203, Ypsilanti, MI 48197
- 2nd Sunday, 2 pm
- Diana Tothill-Johnson
diana45@comcast.net
- Helen Martin (734)-678-8328
- helenmartin@comcast.net
- (No meetings in July, Aug.)

**Ann Arbor Adaptive Exercise Class**
- Mondays 3 pm
- Helen Martin (734)-678-8328

**Wayne County**

**Downriver/Allen Park**
- Allen Park Presbyterian Church
- 7101 Park Ave Allen Park, MI 48101
- Steve Femminineo (313)318-9795
- bebepples@gmail.com
- Rose Femminineo 313-318-9784
- rosefemminineo@yahoo.com
- (No meetings in July, Aug.)

**Detroit**
- Hennan House
- 4750 Woodward, Detroit, MI 48201
- 3rd Tuesday, 1 pm
- Gwen Willis (248) 722-4085
- Maria Dickerson (313) 635-2878
- No Meetings July & August

**Young Onset**
- The HELM at the Boll Life Center
- 158 Ridge Rd
- Grosse Pointe Farms, MI 48236
- 2nd Monday, 6:30 pm
- Angela Ferrera (586) 696-8663

**Livonia Senior Citizen Center**
- 15218 Farmington Rd. Livonia MI 48154
- 2nd Thursday, 6:30 pm
- Julia Wall
- livoniaparkinsons@gmail.com
- or contact MPF (248) 433-1011

**Livonia / Western Wayne Parkinson Support Group Facebook Page**
- (No meetings in Jan, August)

## Wexford County

**Senior Citizens Center**
- 601 Chestnut St. Cadillac, MI 49601
- 4th Tuesday, 1 pm
- Alison Walters (231) 775-6981

## Virtual Support Groups

**Virtual Support Group Zoom**
- 2nd Thursday, 6 pm
- Mark Talbot (517)525-1707
- Mrtalbot50@gmail.com

**Bingham Farms**

**Virtual Education Meetings Only!**
- Meets 3rd Tuesday 7:00 pm via Zoom.
- MPF (248)433-1117

**Care Partners**
- 1st Friday, 1:30 pm
- Norma Betten
- ronorma1301@gmail.com
- Nancy Schullery
- nmsch1020@gmail.com

**Detroit**
- Gwen Willis (248) 722-4085
- Maria Dickerson (313) 635-2878
- No Meetings July & August

**Fremont**
- 3rd Thursday, 3:30 pm
- Shelly Klochack, RN (231)924-3073

**Grand Rapids Hauenstein**
- 2nd Tuesday, 2:00 pm
- 3rd Tuesday 6:30 pm
- 4th Tuesday, 10:30 am
- Neuro Patient Support 616-447-1393

**Virtual Young Onset Group**
- MovingUPTogether: Community for 50 and under
- 3rd Wednesday, 7:30 pm
- Melissa Hrbcek (810) 712-0906
- mhrbcck@gmail.com