



**Support Group Listing by County in Alpha Order**  
*(Virtual Support Groups listed on page 4)*

**Alpena County**

*Alpena*  
First United Methodist Church  
167 Ripley Blvd. Alpena, MI 49707  
3rd Monday, 1 pm  
Judy Poli (989) 370-6854  
[Judypoli9@gmail.com](mailto:Judypoli9@gmail.com)  
Jerry Button 740-485-2606  
[Jerrybutton@gmail.com](mailto:Jerrybutton@gmail.com)

**Barry County**

*Hastings*  
Barry County Commission on Aging  
320 W. Woodlawn, Hastings MI 49058  
2nd Wednesday, 5 pm  
Tammy Pennington (269) 948-4856  
[tpennington@barrycounty.org](mailto:tpennington@barrycounty.org)  
(No meeting in July)

**Bay County**

*ON HOLD*  
Area Agency on Aging Region 7  
1615 S. Euclid, Bay City, MI 48706  
3rd Tuesday, 2 pm  
Joani Szczepanski (989) 893-1503  
(No Meetings June, July & Aug)

**Berrien County**

*Stevensville*  
Lincoln twp. Public Library  
2099 John Beers, Stevensville, MI 49127  
2nd Thursday, 3 pm  
Barbara and Mike Ford (269) 429-3675  
[Bcpdsupport@aol.com](mailto:Bcpdsupport@aol.com) or  
[mikeford2976@yahoo.com](mailto:mikeford2976@yahoo.com)

**Calhoun County**

*Battle Creek*  
North Avenue Church of God  
1079 North Ave, Battle Creek, MI 49017  
2nd Thursday, 4:30 pm  
Anne Clark (269) 986-3135  
[aclark@shpccalhoun.org](mailto:aclark@shpccalhoun.org)

*Senior Health Partners*  
28 Penn St, Battle Creek, MI 49017  
*Caregivers:*  
3rd Thursday, 1 pm  
Anne Clark (269) 986-3135  
[aclark@shpccalhoun.org](mailto:aclark@shpccalhoun.org)

**Cass County**

*Cassopolis*  
Cass County Council on Aging  
60525 Decatur Rd. Cassopolis, MI 49031  
2nd Tuesday, 1 pm  
Asali Kelly (269) 445-8110 x 248

**Charlevoix County**

*Boyne City*  
Boyne City Hall 319 N. Lake St. Boyne City, MI 49712  
3rd Tuesday, 5 pm  
Becky Goral (231) 420-3992  
[beckygoral444@gmail.com](mailto:beckygoral444@gmail.com)  
Kristen Fleet (248) 766-6479  
Hybrid Meetings  
(No Meetings July or Dec.)

**Cheboygan County**

*Cheboygan*  
Cheboygan Public Library  
100 S Bailey St. Cheboygan, MI 49721  
3rd Tuesday, 1 pm  
Susie (231) 625- 8368  
Martha Orloff (231) 818-1900  
[mjorloff@gmail.com](mailto:mjorloff@gmail.com)

**Chippewa County**

*Whole Lotta Shakin Goin On-Sault Ste Marie*  
Alberta House  
217 Ferris, Sault St. Marie, MI 49783  
3rd Wednesday, 1 pm  
Rene Shimmon (313) 357-3407  
(No meeting in Nov.)

**Dickinson County**

*Kingsford Parkinson's Society*  
First Presbyterian Church  
395 Hamilton Ave. Kingsford MI 49802  
4<sup>th</sup> Thursday, 1 pm  
Pauline Hill (906) 774-0332  
[Tiita61@yahoo.com](mailto:Tiita61@yahoo.com)

**Emmet County**

*Petoskey*  
Friendship Center  
1322 Anderson, Petoskey, MI 49770  
4th Wednesday 2 pm  
Suzanne Holguin, RN  
(231) 347-3211 x 34

**Genesee County**

*Flint Daytime*  
Central Church of the Nazarene  
1261 W. Bristol Rd, Flint, MI 48507  
(Use Southeast Maintenance Door)  
2nd Thursday, 2 pm  
David Mack (810) 610-5055  
[davidmack@usa.com](mailto:davidmack@usa.com)  
Judy Mack (810) 610-9373  
[judy575vanderpool@yahoo.com](mailto:judy575vanderpool@yahoo.com)

*Flint Evening*  
McLaren Neurologic Rehab Institute  
G-3239 Beecher Rd. Flint, MI 48532  
2nd Thursday, 6 pm  
Kristin Daniels (810) 342-5352

**Gladwin County**

*Gladwin*  
MyMichigan Medical Office Building  
609 Quarter St, Gladwin MI 48624  
1st Wednesday, 3 pm  
Mary Griffore (989) 246-6388  
[mary.griffore@mymichigan.org](mailto:mary.griffore@mymichigan.org)

**Gogebic County**

*ON HOLD*  
Aspirus Grand View Hospital  
Conference Rm B  
N10561 Grand View Ln,  
Ironwood, MI 49938  
2nd Wednesday, 10 am  
Alicia Cook (906) 932-7627

**Grand Traverse County**

*Evening*  
Munson Community Hlth Ctr, Rm G  
550 Munson, Traverse City, MI 49686  
1st Tuesday, 6:00 pm  
Hettie Molvang (231) 947-7389

*Parkinson Network North*  
Traverse City Senior Center  
801 E. Front St,  
Traverse City, MI 49686  
4th Wednesday, 10:00 am  
Hettie Molvang (231) 947-7389

*Tai Chi for People with PD and their care partners*  
Traverse City Senior Center  
801 E. Front St,  
Traverse City, MI 49686  
2nd & 3rd Wednesday, 3:15 pm  
Hettie Molvang (231) 947-7389



**Support Group Listing by County in Alpha Order**  
(Virtual Support Groups listed on page 4)

**Gratiot County**

*Alma*  
MicMichigan Med Center Gratiot  
300 E Warwick Dr. Alma MI 48801  
2nd Thursday 5:00 pm  
Michelle Miller (989)466-3378

**Hillsdale County**

*Hillsdale*  
Hillsdale County Senior Center  
Lower level  
320 W. Bacon, Hillsdale, MI 49242  
2nd Thursday at 3:00 pm  
Maggi Monroe (517) 437-2422  
[mmonroe@hillsdaleseniors.org](mailto:mmonroe@hillsdaleseniors.org)

**Huron County**

*Thumb Area (Bad Axe)*  
Evangel Life Assembly of God Church  
1365 S Van Dyke Rd, Bad Axe, MI  
48413  
3rd Tuesday, 12:30 pm  
Annette Johnson (989) 864-3779  
[Nettej57@gmail.com](mailto:Nettej57@gmail.com)  
Ed & Maryann Cutlip (313) 218-8917  
[ecc6inallki@gmail.com](mailto:ecc6inallki@gmail.com)  
Hybrid Meetings

**Ingham County**

*Lansing Caregivers' Dialog Groups*  
Congregation Shaarey Zedek,  
1924 Coolidge Rd. E. Lansing MI 48823  
2nd Tuesday, 1 pm  
Mark Talbot (517)525-1707  
[Mrtalbot50@gmail.com](mailto:Mrtalbot50@gmail.com)  
(Caregivers and PwP meet separately.)

*Lansing/East Lansing*  
Education meetings  
Burcham Hills Ada Whitehouse Room  
2700 Burcham Dr. E. Lansing, MI 48823  
3rd Tuesday, 3 pm  
Mark Talbot (517)525-1707  
[Mrtalbot50@gmail.com](mailto:Mrtalbot50@gmail.com)

*Virtual Support Group Zoom*  
2nd Thursday of each month 6pm  
Mark Talbot (517)525-1707  
[Mrtalbot50@gmail.com](mailto:Mrtalbot50@gmail.com)

**Ionia County**

*Ionia*  
Ionia Comm. on Aging  
115 Hudson, Ionia MI 48846  
3rd Thursday, 1:30 pm  
Retta McCaul (231) 349-2608

**Iosco County**

*ON HOLD*  
Tawas Area Presbyterian Church,  
2095 US-23, East Tawas, MI 48730  
3rd Thursday, 10 am  
Rachel Haviland (989) 984-5292  
(Meets April thru October)

**Isabella County**

*Mt. Pleasant*  
Isabella County Commission on Aging  
2200 S. Lincoln Room B Mt. Pleasant,  
MI 48858  
4th Wednesday, 5 pm  
Dr. Jamie Haines (989) 415-0418  
[Haine1jj@cmich.edu](mailto:Haine1jj@cmich.edu)

**Jackson County**

*Jackson*  
Disability Connection  
409 Linden Ave, Jackson MI 49203  
2nd Tuesday, 6:15 pm  
Carole Briggs (517) 783-6527  
(No meetings July, Aug., Dec)

**Kalamazoo County**

*Kalamazoo*  
Friendship Village of Kalamazoo  
1400 Drake Rd.Kalamazoo, MI 49009  
2nd Tuesday, 4:00 pm  
Karen Freshwater, PA or  
Libby Austin (269) 341-7500  
Facebook-Kalamazoo Area Parkinson  
Support Group

*Care Partners*  
1st Friday after Regular SG meeting,  
1:30 pm  
Norma Betten  
[ronorma1301@gmail.com](mailto:ronorma1301@gmail.com)  
Nancy Schullery  
[nmsch1020@gmail.com](mailto:nmsch1020@gmail.com)  
(Virtual Meetings – Email for Info)

**Kent County**

*Grand Rapids*  
Spectrum Health Integrated Care  
2750 E Beltline Ave NE  
Lower-Level Conference Room  
Grand Rapids, MI 49525  
3rd Tuesday 6:30 pm  
Neuro Patient Support 616-447-1393  
(Virtual Meetings – Call for Info)

**Kent County**

*Grand Rapids*  
Hauenstein DBS Hauenstein  
Neurosciences H1 Community Room  
220 Cherry St. SE Grand Rapids, MI  
49503  
2nd Tuesday, 2:00 pm  
Neuro Patient Support (616) 685-4444  
(Virtual Meetings – Call for Info)

*Caregivers*  
Hauenstein Neurocognitive Behaviors  
Hauenstein Neurosciences  
245 Cherry St. 1st Floor Cherry  
Conference Room  
Grand Rapids, MI 49503  
4th Tuesday, 10:30 am  
Neuro Patient Support (616) 685-4444  
(Virtual Meetings – Call for Info)

*Grand Rapids*  
Hauenstein Wege Center for Health &  
Learning, Lower Level, Rooms 7&9  
300 Lafayette St SE  
Grand Rapids, MI 49503  
3rd Thursday, 6 pm  
Neuro Patient Support (616) 685-4444  
(Virtual Meetings – Call for Info)

*ON HOLD*  
*Grand Rapids Provision*  
Provision Living  
820 Forest Hill Ave SE Ste A  
Grand Rapids, MI 49546  
3rd Thursday, 1 pm  
Erin Wallace (616) 307-0534

*Grand Rapids*  
Metro Health University of MI  
Conference Center  
2225 Main St, SW  
Wyoming, MI 49519  
2nd Wednesday, 1pm  
Tina Reuben (616) 901-3832  
Free Exercise class Every Tuesday  
11am call 616-252-7199 for more Info.

**Lenawee County**

*Adrian*  
Adrian District Library  
143 E. Maumee, Adrian MI 49221  
Meeting on Lower Level  
1st Tuesday, 1 pm  
Dianna Oates (517) 673-3868  
(Park in back to access elevators)



**Support Group Listing by County in Alpha Order**  
(Virtual Support Groups listed on page 4)

**Livingston County**

*Brighton Adaptive Exercise*  
242 Church  
7526 Grand River Rd - Rm 1  
Brighton, MI 48114-9338  
Every Friday, 4 pm  
Stuart Blatt (810) 923-8970  
sblatt63@gmail.com

*Brighton CarePartners*  
242 Church  
7526 Grand River Rd - Rm 2  
Brighton, MI 48114-9338  
Last Thursday, 5 pm  
Stuart Blatt (810) 923-8970  
sblatt63@gmail.com

*Howell*  
3750 Cleary Drive, Howell, MI 48843  
4th Tuesday, 4 pm  
Stuart Blatt, (810) 923-8970  
sblatt63@gmail.com

**Luce County**

*Newberry*  
Helen Newberry Joy Hospital  
502 W. Harrie St - Huron Room  
Newberry, MI 49868  
Last Monday, 1 pm  
Pat Norman (703) 608-7103

**Macomb County**

*Macomb*  
Beaumont Macomb Center  
15979 Hall Rd. Macomb, MI 48044  
2nd Friday, 3 pm  
Doug Kass (586) 306-5306  
dwkass@comcast.net  
Brian J. Miles (586) 457-2539  
bmiles@dmmpic.com

*ON HOLD*  
St. John Macomb Hospital  
Medical Education Center  
11800 E. 12 Mile Rd Warren MI 48093  
1st Thursday, 2:30 pm  
**Exercise Classes:** - Thurs 4:00 pm  
Mrin Dear, OTR (586) 573-5123  
(Stacey Turner, RPT)  
(No meetings Jan or July)

**Manistee County**

*Manistee*  
West Shore Hospital  
Education Center, Room 1,  
1465 E. Parkdale, Manistee MI 49660  
3rd Thursday, 11 am  
Marcia Holbrook (614) 937-4442

**Marquette County**

*Negaunee*  
Negaunee Senior Center  
410 Jackson St. Negaunee, MI 49866  
4th Monday, 1 pm  
Kristy Malmsten (906) 475-6266  
Morgan Peterson (906) 475-6266  
socialworker@cityofnegaunee.com

**Mason County**

*Scottville*  
Scottville Senior Center  
140 S. Main, Scottville MI 49454  
3rd Wednesday, 1 pm  
Shirley Chancellor (231) 462-3533  
(No meetings Jan. & Feb.)

**Midland County**

*Midland*  
Midland County Senior Services  
Senior Services Main Building  
4700 Dublin Ave. Midland, MI 48642  
2nd Monday, 3 pm  
Kellie Froelicher (989) 898-8239  
Kellief@mempres.org

**Monroe County**

*Monroe*  
Monroe Charter Twp. Bldg. Nature Ctr  
4925 E. Dunbar Rd. Monroe, MI 48161  
3rd Wednesday, 6:30 pm  
Jennifer Traver (734) 417-0638

**Muskegon County**

*Caregivers*  
Senior Resources of West Michigan  
Tanglewood Park  
560 Seminole Rd. Norton Shores, MI 49444  
2nd Tuesday, 12 pm  
Pat Green (231) 740-1967  
Beth Donovan (231) 744-4730

*Parkinson's Power*  
Norton Shores Public Library  
705 Seminole Norton Shores, MI 49441  
1st Wednesday, 10:30 am  
Barb McFadden 231-755-8067  
mcfaddenbarb@hotmail.com  
Pat Green 231-740-1967  
greenpatti@comcast.net  
(No meetings Jan.)

**Newaygo County**

*Fremont*  
Tamarac Center For Well Being  
1401 W. Main St. Fremont, MI 49412  
3rd Thursday, 3:30 pm  
Shelly Klochack, RN (231)924-3073  
**(Virtual & In Person – Call for Info)**

**Oakland County**

*Birmingham*  
NEXT Senior Citizen Center  
2121 Midvale Rd.  
Birmingham, MI 48009  
2nd Monday, 5:30 pm  
Stephanie Woznak (248) 419-7170  
StephanieW@parkinsonsmi.org  
(No meetings July & August)

*Novi/Fox Run*  
Fox Run – Belmont Club House  
41100 W. 13 Mile Rd., Novi MI 48377  
2nd Tuesday, 3 pm  
Rhonda Kotzen or Kristin Fiscus  
(248) 668-8655

*Rochester*  
OPC (Old Person Commission)  
650 Letica, Rochester, MI 48307  
1st Wednesday, 3 pm  
Brad & Linda Potter 586-612-2744  
Carol Schram 586-453-2162

*Rochester Care Partner*  
OPC (Old Person Commission)  
650 Letica, Rochester, MI 48307 Meets  
Last Wednesday 1 pm.  
Kathy Walton (248) 969-1133  
(No meetings July, Dec.)

*West Bloomfield/Farmington Hills*  
Anthology of Farmington Hills  
30637 West 14 Mile Rd.  
Farmington Hills, MI 48334  
1st Wednesday, 2 pm  
Shelley Spaulding (248) 982-1504  
Facebook-Farmington Hills Area  
Parkinson's Support Group

**Ogemaw County**

*West Branch*  
MyMichigan Health  
Executive Dining Room  
2463 S. M-30, West Branch, MI 48661  
2nd Tuesday, 2:00 pm  
Mary Griffore RN 989 246-6388  
Mary.Griffore@Mymichigan.org





**Support Group Listing by County in Alpha Order**  
*(Virtual Support Groups listed on page 4)*

**Otsego County**

*Gaylord*  
1165 Elkview Ave. Gaylord, MI 49735  
Upper Level  
4th Thursday, 2 pm  
John Panci, Pam Carlson,  
Dona Wishart (989) 732-1122

**Saginaw County**

*Frankenmuth*  
Winter Village - Harmony Hall  
500 Mayer Rd. Frankenmuth, MI 48734  
3rd Wednesday, 1 pm  
Marilyn Bernthal (989) 652-2515  
[bernthalm@aol.com](mailto:bernthalm@aol.com)  
Kathy Freeland (989) 843-5247  
[kfsdaf@sbcglobal.net](mailto:kfsdaf@sbcglobal.net)  
(No meetings in July, Aug.)

Saginaw Commission on Aging  
2355 Schust Rd, Saginaw, MI 48603  
3rd Thursday, 1pm  
Virginia Buggia (989) 793-7319 or  
(989) 797-6880

**Shiawassee County**

*Owosso*  
Shiawassee Council on Aging  
300 N. Washington St  
Owosso, MI 48867  
2nd Wednesday, 5 pm  
Karen Prussner (989) 723-6901

**St. Clair County**

*ON HOLD*  
St. Clair Council on Aging  
600 Grand River Ave.  
Port Huron, MI 48060  
1st Wednesday, 1 pm  
Please Contact St. Clair Council on  
Aging at (810) 984-5061

**Washtenaw County**

*Ann Arbor Parkinson Support Group*  
Call for Location  
2nd Sunday, 2 pm  
Diana Tothill-Johnson  
[diana45@comcast.net](mailto:diana45@comcast.net)  
Helen Martin (734)-678-8328  
[helenmartin@comcast.net](mailto:helenmartin@comcast.net)  
(No meetings in July, Aug.)

*Ann Arbor Adaptive Exercise Class*  
Mondays 4 pm  
Helen Martin (734) 678-8328

*Ann Arbor Music Therapy Sessions*  
Tuesdays, 2 pm  
Helen Martin (734)-678-8328

**Wayne County**

*Downriver/Allen Park*  
Allen Park Presbyterian Church  
7101 Park Ave Allen Park, MI 48101  
Steve Femminineo (313)318-9795  
[bebepples@gmail.com](mailto:bebepples@gmail.com)  
Rose Femminineo 313-318-9784  
[rosefemminineo@yahoo.com](mailto:rosefemminineo@yahoo.com)  
(No meetings in July, Aug.)

*Detroit*  
Hannan House  
4750 Woodward, Detroit, MI 48201  
3rd Tuesday, 1 pm  
Gwen Willis (248) 722-4085  
Maria Dickerson (313) 635-2878  
No Meetings July & August  
**(Virtual Meetings – Call for Info)**  
Facebook – Detroit Parkinson Support  
Group

*Young Onset*  
The HELM at the Boll Life Center  
158 Ridge Rd  
Grosse Pointe Farms, MI 48236  
2nd Monday, 6:30 pm  
Angela Ferrera (586) 696-8663

*Livonia Senior Citizen Center*  
15218 Farmington Rd. Livonia MI 48154  
2nd Thursday, 6:30 pm  
Julia Wall  
[livoniaparkinsons@gmail.com](mailto:livoniaparkinsons@gmail.com)  
or contact MPF (248) 433-1011  
*Livonia / Western Wayne Parkinson  
Support Group Facebook Page*  
(No meetings in Jan, August)

**Wexford County**

Senior Citizens Center  
601 Chestnut St. Cadillac, MI 49601  
4th Tuesday, 1 pm  
Alison Walters (231) 775-6981

**Virtual Support Groups**

Virtual Support Group Zoom  
2nd Thursday, 6pm  
Mark Talbot (517)525-1707  
[Mrtalbot50@gmail.com](mailto:Mrtalbot50@gmail.com)

Bingham Farms  
**Virtual Education Meetings Only!**  
Meets 3rd Tuesday 7:00 pm via Zoom.  
MPF (248)433-1117

*Care Partners*  
1st Friday, 1:30 pm  
Norma Betten  
[ronorma1301@gmail.com](mailto:ronorma1301@gmail.com)  
Nancy Schullery  
[nmsch1020@gmail.com](mailto:nmsch1020@gmail.com)

*Detroit*  
Gwen Willis (248) 722-4085  
Maria Dickerson (313) 635-2878  
No Meetings July & August

*Fremont*  
3rd Thursday, 3:30 pm  
Shelly Klochack, RN (231)924-3073

*Grand Rapids Hauenstein*  
2nd Tuesday, 2:00 pm  
3rd Tuesday 6:30 pm  
4th Tuesday, 10:30 am  
Neuro Patient Support 616-447-1393

*Virtual Young Onset Group*  
*MovingUPTogether: Community for 50  
and under*  
3rd Wednesday, 7:30 pm  
Melissa Hrbcek (810) 712-0906  
[mhrbcek@gmail.com](mailto:mhrbcek@gmail.com)