Support Group Listing by County in Alpha Order
(Virtual Support Groups listed on page 4)

Alpena County
Anne Clark (269) 738-9375

Cassopolis
Cassopolis Caregivers
Senior Health Partners
Anne Clark (269) 738-9375
Battle Creek
49017
2nd Tuesday, 1 pm
Asali Kelly (269) 445-8110 x 248

Charlevoix County

Boyne City
Boyne City Hall
319 N. Lake St. Boyne City,
MI 49712
3rd Tuesday, 5 pm
Becky Goral (231) 625-8368
Martha Orloff (231) 818-1900
mjorloff@gmail.com

Cheboygan County

Cheboygan
Cheboygan Caregivers
Cheboygan Public Library
100 S Bailey St. Cheboygan, MI 49721
3rd Tuesday, 1 pm
Susie (231) 625-8368
Martha Orloff (231) 818-1900
mjorloff@gmail.com

Chippewa County

Whole Lotta Shakin Goin On-Sault Ste Marie
Alberta House
217 Ferris, Sault St. Marie, MI 49783
3rd Wednesday, 1 pm
Rene Shimmon (313) 357-3407
(No meeting in Nov.)

Dickinson County

Kingsford Parkinson’s Society
First Presbyterian Church
395 Hamilton Ave. Kingsford MI 49802
4th Thursday, 1 pm
Pauline Hill (906) 774-0332
Tiita61@yahoo.com

Emmet County

Petoskey
Friendship Center
1322 Anderson, Petoskey, MI 49770
4th Wednesday 2 pm
Suzanne Holguin, RN
(231) 347-3211 x 34

Bay County

Hastings
Hastings Commission on Aging
320 W. Woodlawn, Hastings MI 49058
2nd Wednesday, 5 pm
Joani Szczepanski (989) 893-1503
(No meetings June, July & Aug)

Berrien County

Stevensville
Lincoln Twp. Public Library
2099 John Beers, Stevensville, MI 49127
2nd Thursday, 3 pm
Barbara and Mike Ford (269) 429-3675
barbaraandmikeford@ymail.com
or mikedford2976@yahoo.com

Calhoun County

Battle Creek
North Avenue Church of God
1079 North Ave. Battle Creek, MI 49017
2nd Thursday, 4:30 pm
Anne Clark (269) 986-3135
aclark@shpcalhoun.org

Senior Health Partners
28 Penn St, Battle Creek, MI 49017
Caregivers:
3rd Thursday, 1 pm
Anne Clark (269) 986-3135
aclark@shpcalhoun.org

Genesee County

Flint Daytime
Central Church of the Nazarene
1261 W. Bristol Rd, Flint, MI 48507
(Use Southeast Maintenance Door)
2nd Thursday, 2 pm
David Mack (810) 610-5055
davidmack@usa.com
Judy Mack (810) 610-9373
judy575vanderpool@yahoo.com

Gladwin County

Gladwin
MyLittle Michigan Medical Office Building
609 Quarter St, Gladwin MI 48624
1st Wednesday, 3 pm
Mary Griffore (989) 246-6388
mary.griffore@mymichigan.org

Gogebic County

ON HOLD
Aspirus Grand View Hospital
Conference Rm B
N10561 Grand View Ln, Ironwood, MI 49938
2nd Wednesday, 10 am
Alicia Cook (906) 932-7627

Grand Traverse County

Evening
Munson Community Hlth Ctr,Rm G
550 Munson, Traverse City, MI 49686
1st Tuesday, 6:00 pm
Hettie Molvang (231) 947-7389

Parkinson Network North
Traverse City Senior Center
801 E. Front St,
Traverse City, MI 49686
4th Wednesday, 10:00 am
Hettie Molvang (231) 947-7389

T’ai Chi for People with PD and their Care Partners
Traverse City Senior Center
801 E. Front St,
Traverse City, MI 49686
2nd & 3rd Wednesday, 3:15 pm
Hettie Molvang (231) 947-7389
Support Group Listing by County in Alpha Order
(Virtual Support Groups listed on page 4)

Gratiot County
Alma
MicMichigan Med Center Gratiot
300 E Warwick Dr. Alma MI 48801
2nd Thursday 5:00 pm
Michelle Miller (989)466-3378

Hillsdale County
Hillsdale
Hillsdale County Senior Center
320 W. Bacon, Hillsdale, MI 49242
2nd Thursday at 3:00 pm
Maggi Monroe (517) 437-2422
mmmonroe@hillsdaleseniors.org

Huron County
Thumb Area (Bad Axe)
Evangel Life Assembly of God Church
1365 S Van Dyke Rd., Bad Axe, MI 48413
3rd Tuesday, 12:30 pm
Annette Johnson (989) 864-3779
Nettej57@gmail.com
Ed & Maryann Cutlip (313) 218-8917
ecc6inallkii@gmail.com
Hybrid Meetings

Ingham County
Lansing Caregivers’ Dialog Groups
Congregation Shaarey Zedek,
1924 Coolidge Rd. E. Lansing MI 48823
2nd Tuesday, 1 pm
Mark Talbot (517)525-1707
Mrtalbot50@gmail.com
(Caregivers and PwP meet separately.)

Lansing/East Lansing
Education meetings
Burcham Hills Ada Whitehouse Room
2700 Burcham Dr. E. Lansing, MI 48823
3rd Tuesday, 3 pm
Mark Talbot (517)525-1707
Mrtalbot50@gmail.com

Virtual Support Group Zoom
2nd Thursday of each month 6pm
Mark Talbot (517)525-1707
Mrtalbot50@gmail.com

Ionia County
Ionia
Ionia Comm. on Aging
115 Hudson, Ionia MI 48846
3rd Thursday, 1:30 pm
Retta McCaul (231) 349-2608

Isabella County
Mt. Pleasant
Isabella County Commission on Aging
2200 S. Lincoln Room B Mt. Pleasant,
MI 48858
4th Wednesday, 5 pm
Dr. Jamie Haines (989) 415-0418
Haine1jj@cmich.edu

Jackson County
Jackson
Disability Connection
409 Linden Ave, Jackson MI 49203
2nd Tuesday, 6:15 pm
Carole Briggs (517) 783-6527
(No meetings July, Aug., Dec)

Kalamazoo County
Kalamazoo
Friendship Village of Kalamazoo
1400 Drake Rd.Kalamazoo, MI 49009
2nd Tuesday, 4:00 pm
Karen Freshwater, PA or
Libby Austin (269) 341-7500
Facebook-Kalamazoo Area Parkinson
Support Group

Care Partners
1st Friday after Regular SG meeting, 1:30 pm
Norma Betten
ronorma1301@gmail.com
Nancy Schullery
nmsch1020@gmail.com
(Virtual Meetings – Email for Info)

Kent County
Grand Rapids
Spectrum Health Integrated Care
2750 E Beltline Ave NE
Lower-Level Conference Room
Grand Rapids, MI 49525
3rd Tuesday 6:30 pm
Neuro Patient Support 616-447-1393
(Virtual Meetings – Call for Info)

Grand Rapids
Hauenstein DBS Hauenstein
Neurosciences H1 Community Room
220 Cherry St. SE Grand Rapids, MI
49503
2nd Tuesday, 2:00 pm
Neuro Patient Support (616) 685-4444
(Virtual Meetings – Call for Info)

Caregivers
Hauenstein Neurocognitive Behaviors
Hauenstein Neurosciences
245 Cherry St. 1st Floor Cherry
Conference Room
Grand Rapids, MI 49503
4th Tuesday, 10:30 am
Neuro Patient Support (616) 685-4444
(Virtual Meetings – Call for Info)

Grand Rapids
Hauenstein Wege Center for Health &
Learning, Lower Level, Rooms 7&9
300 Lafayette St SE
Grand Rapids, MI 49503
3rd Thursday, 6 pm
Neuro Patient Support (616) 685-4444
(Virtual Meetings – Call for Info)

ON HOLD
Grand Rapids Provision
Provision Living
820 Forest Hill Ave SE Ste A
Grand Rapids, MI 49546
3rd Thursday, 1 pm
Erin Wallace (616) 307-0534

Grand Rapids
University of MI West- Conference
Center
2225 Main St, SW
Wyoming, MI 49519
2nd Wednesday, 1pm
Tina Reuben (616) 901-3832
Free Exercise class Every Tuesday
11am call 616-252-7199 for more Info.

Lenawee County
Adrian
Adrian District Library
143 E. Maumee, Adrian MI 49221
Meeting on Lower Level
1st Tuesday, 1 pm
Dianna Oates (517) 673-3868
(Park in back to access elevators)
Livingston County
Brighton Adaptive Exercise
242 Church
7526 Grand River Rd - Rm 1
Brighton, MI 48114-9338
Every Friday, 4 pm
Stuart Blatt (810) 923-8970
sblatt63@gmail.com

Brighton CarePartners
242 Church
7526 Grand River Rd - Rm 2
 Brighton, MI 48114-9338
Last Thursday, 5 pm
Stuart Blatt (810) 923-8970
sblatt63@gmail.com

Luce County
Newberry
Helen Newberry Joy Hospital
502 W. Harrie St - Huron Room
Newberry, MI 49868
Last Monday, 1 pm
Pat Norman (703) 608-7103

Macomb County
Macomb
Beaumont Macomb Center
15979 Hall Rd. Macomb, MI 48044
2nd Friday, 3 pm
Doug Kass (586) 306-5306
dwkass@comcast.net
Brian J. Miles (586) 457-2539
bmiles@dmmplc.com

Macomb
The Village of East Harbor
33875 Kiely Dr. Chesterfield, MI 48047
2nd Thursday, 6pm
Shelby Budzeak (586) 386-7149
sbudzeak@hapt.com

ON HOLD
St. John Macomb Medical Hospital
Medical Education Center
11800 E. 12 Mile Rd Warren MI 48093
1st Thursday, 2:30 pm

Exercise Classes: - Thurs 4:00 pm
Min Dear, OTR (586) 573-5123
(Stacey Turner, RPT)
(No meetings Jan or July)

Manistee County
Manistee
Manistee Senior Center
260 St. Mary S. Pkwy. Manistee, MI 49660
3rd Thursday, 11 am
Marcia Holbrook (614) 937-4442

Marquette County
Negaunee
Negaunee Senior Center
410 Jackson St. Negaunee, MI 49866
4th Monday, 1 pm
Kristy Malmsten (906) 475-6266
Morgan Peterson (906) 475-6266
socialworker@cityofnegaunee.com

Mason County
Scottville
Scottville Senior Center
140 S. Main, Scottville MI 49454
3rd Wednesday, 1 pm
Shirley Chancellor (231) 462-3533
(No meetings Jan & Feb.)

Midland County
Midland
Midland County Senior Services
Senior Services Main Building
4700 Dublin Ave. Midland, MI 48642
2nd Monday, 3 pm
Kellie Froelicher (989) 898-8239
Kellie@mempres.org

Monroe County
Monroe
4925 E. Dunbar Rd. Monroe, MI 48161
3rd Wednesday, 6:30 pm
Jennifer Traver (734) 417-0638

Muskegon County
Caregivers
Tanglewood Park
560 Seminole Rd. Norton Shores, MI 49444
2nd Tuesday, 12 pm
Pat Green (231) 740-1967
Beth Donovan (231) 744-4730

Parkinson’s Power
Norton Shores Public Library
705 Seminole Norton Shores, MI 49441
1st Wednesday, 10:30 am
Barb McFadden 231-755-8067
mcfaddenbarb@hotmail.com
Pat Green 231-740-1967
greenpatti@comcast.net

Newaygo County
Fremont
Tamarac Center For Well Being
1401 W. Main St. Fremont, MI 49412
3rd Thursday, 3:30 pm
Shelly Klochak, RN (231)924-3073
(Virtual & In Person – Call for Info)

Oakland County
Birmingham
NEXT Senior Citizen Center
2121 Midvale Rd.
Birmingham, MI 48009
2nd Monday, 5:30 pm
Stephanie Woznak (248) 419-7170
StephanieW@parkinsonsMI.org
(No meetings July & August)

Novi/Fox Run
Fox Run – Belmont Club House
41100 W. 13 Mile Rd., Novi MI 48377
2nd Tuesday, 3 pm
Rhonda Kotzen or Kristin Fiscus
(248) 668-8655

Rochester
OPC (Old Person Commission)
650 Leticia, Rochester, MI 48307
1st Wednesday, 3 pm
Brad & Linda Potter 586-612-2744

Rochester Care Partner
OPC (Old Person Commission)
650 Leticia, Rochester, MI 48307
Meets Last Wednesday 1 pm.
Kathy Walton (248) 568-3549
(No meetings July, Dec.)

West Bloomfield/Farmington Hills
Anthology of Farmington Hills
30637 West 14 Mile Rd.
Farmington Hills, MI 48334
1st Wednesday, 2 pm
Shelley Spaulding (248) 982-1504
Facebook-Farmington Hills Area Parkinson’s Support Group

Ogemaw County
West Branch
MyMichigan Health
Executive Dining Room
2463 S. M-30, West Branch, MI 48661
2nd Tuesday,2:00 pm
Mary Griffore RN 989 246-6388
Mary.Griffore@Mymichigan.org
Support Group Listing by County in Alpha Order
(Virtual Support Groups listed on page 4)

**Otsego County**

Gaylord  
1165 Elkview Ave. Gaylord, MI 49735  
Upper Level  
4th Thursday, 2 pm  
John Panci, Pam Carlson, Dona Wishart (989) 732-1122

**Saginaw County**

*Frankenmuth*  
Winter Village - Harmony Hall  
500 Mayer Rd. Frankenmuth, MI 48734  
3rd Wednesday, 1 pm  
Marilyn Berntal (989) 652-2515  
berntalm@aol.com  
Kathy Freeland (989) 843-5247  
ksfdaf@sbcglobal.net  
(No meetings in July, Aug.)

*Saginaw Commission on Aging*  
2355 Schust Rd, Saginaw, MI 48603  
3rd Thursday, 1 pm  
Virginia Buggia (989) 793-7319  
Lori Eberling (989) 798-2534

**Shiawassee County**

*Owosso*  
Shiawassee Council on Aging  
300 N. Washington St  
Owosso, MI 48867  
2nd Wednesday, 5 pm  
Karen Prussner (989) 723-6901

**St. Clair County**

*ON HOLD*  
St. Clair Council on Aging  
600 Grand River Ave.  
Port Huron, MI 48060  
1st Wednesday, 1 pm  
Please Contact St. Clair Council on Aging at (810) 984-5061

**Washtenaw County**

*Ann Arbor Parkinson Support Group*  
Trinity Health – Women’s Health Center  
5320 Elliott Dr, Suite 203, Ypsilanti, MI 48197  
2nd Sunday, 2 pm  
Diana Tothill-Johnson  
diana45@comcast.net  
Helen Martin (734)-678-8328  
helenmartin@comcast.net  
(No meetings in July, Aug.)

*Ann Arbor Music Therapy Sessions*  
Tuesdays, 2 pm  
Helen Martin (734)-678-8328  
helenmartin@comcast.net

*Downriver/Allen Park*  
Allen Park Presbyterian Church  
7101 Park Ave Allen Park, MI 48101  
Steve Femminineo (313)318-9795  
bebeppl@xmail.com  
Rose Femminineo 313-318-9784  
roxfemminino@yahoo.com  
(No meetings in July, Aug.)

*Wayne County*  
Hannan House  
4750 Woodward, Detroit, MI 48201  
3rd Tuesday, 1 pm  
Gwen Willis (248) 722-4085  
Maria Dickerson (313) 635-2878  
No Meetings July & August  
(Virtual Meetings – Call for Info)  
Facebook – Detroit Parkinson Support Group

*Young Onset*  
The HELM at the Boll Life Center  
158 Ridge Rd  
Grosse Pointe Farms, MI 48236  
2nd Monday, 6:30 pm  
Angela Ferrera (586) 696-8663

*Livonia Senior Citizen Center*  
15218 Farmington Rd. Livonia MI 48154  
2nd Thursday, 6:30 pm  
Julia Wall  
livoniaparkinsons@gmail.com  
or contact MPF (248) 433-1011

*Neuro Patient Support*  
616-447-1393

*Virtual Young Onset Group*  
MovingUPTogether: Community for 50 and under  
3rd Wednesday, 7:30 pm  
Melissa Hrbcek (810) 712-0906  
mhrbec@qmail.com

**Wexford County**

Senior Citizens Center  
601 Chestnut St. Cadillac, MI 49601  
4th Tuesday, 1 pm  
Alison Walters (231) 775-6981

**Virtual Support Groups**

*Virtual Support Group Zoom*  
2nd Thursday, 6pm  
Mark Talbot (517)525-1707  
Mrtalbot50@gmail.com

*Bingham Farms*  
Virtual Education Meetings Only!  
Meets 3rd Tuesday 7:00 pm via Zoom.  
MPF (248)433-1117

*Care Partners*  
1st Friday, 1:30 pm  
Norma Betten  
ronormo1301@gmail.com  
Nancy Schullery  
nmsch1020@gmail.com

*Detroit*  
Gwen Willis (248) 722-4085  
Maria Dickerson (313) 635-2878  
No Meetings July & August

*Fremont*  
3rd Thursday, 3:30 pm  
Shelly Klochack, RN (231)924-3073

*Grand Rapids Hauenstein*  
2nd Tuesday, 2:00 pm  
3rd Tuesday 6:30 pm  
4th Tuesday, 10:30 am  
Neuro Patient Support 616-447-1393

*MovingUPTogether: Community for 50 and under*  
3rd Wednesday, 7:30 pm  
Melissa Hrbcek (810) 712-0906  
mhrbec@qmail.com